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His last book, Sports Injuries: Prevention, Diagnosis, Treatment and Rehabilitation, was published by Springer in 2011. For over 30 years, Dr. Doral s major research interests have been in sports injuries and rehabilitation, arthroscopic and endoscopic surgery, basic science research in tendon injuries, and knee arthroplasty.

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Common Sports Injuries This guide is intended to help coaches treat, prevent, and speed recovery in their athletes. The most common 10 injuries are covered below.

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